

The Journey of Grief - Lambton County Library Resources

HELPING CHILDREN & TEENS UNDERSTAND DEATH (cont'd)

- **J PIC** **Barron, T. A.**
BAR Where is Grandpa?
- **J PIC** **Bosak, Susan**
BOS Something to remember me by.
- **J PIC** **Gould, Debrah**
GOU Grandpa's slide show.
- **J FIC** **Hamilton, Virginia**
HAM Cousins.
- **J PIC** **London, Jonathan**
LON Liplap's wish.
- **J PIC** **McFarlane, Sheryl**
MCF Waiting for the whales.
- **J PIC** **Munsch, Robert**
MUN Lighthouse: a story.

SUICIDE

- **155.937** **Clarke, James**
CLA A mourner's Kaddish: suicide and the rediscovery of hope.
- **155.937** **Smolin, Ann**
SMO Healing after the suicide of a loved one.
- **155.937** **Tremblay, Claude**
TRE Micah: a father survives the suicide of his son.
- **248.866** **Hsu, Albert**
HSU Grieving a suicide.
- **306.8743092** **Hammer, Signe**
HAM By her own hand: memoirs of a suicide daughter.
- **362.2** **Baker, Linda**
BAK Adolescent depression & suicide.
- **362.2** **Miller, Michael**
MIL Dare to live: a guide to the understanding and prevention of teen suicide and Depression.
- **362.28** **Colt, George Howe**
COL The enigma of suicide.
- **362.28** **Gardner, Sandra**
GAR Teenage suicide.
- **362.28** **Langone, John**
LAN Dead end: a book about suicide.
- **(J) 362.28** **McGuire, Leslie**
McG Suicide.
- **362.283** **Fine, Carla**
FIN No time to say goodbye.
- **362.2830835** **Grollman, Earl**

- GRO Living when a young friend commits suicide, or even starts talking about it.
- **362.287** **Blauner, Susan Rose**
BLA How I stayed alive when my brain was trying to kill me.

PET LOSS

- **J PIC** **Griffith, Helen V**
GRI Dream meadow.
- **J PIC** **Harris, Robie**
HAR Goodbye mouseie.
- **J PIC** **Rylant, Cynthia**
RYL Cat heaven.
- **J PIC** **Rylant, Cynthia**
RYL Dog heaven
- **J PIC** **Smith, Maggie**
SMI Desser, the best cat ever.
- **J 155.937** **Rogers, Fred**
ROG When a pet dies.
- **J 155.937** **Sife, Wallace**
SIF Loss of a pet.

SERVICES & CONDOLENCES

- **155.937** **Gillette, Bettyanne**
GIL Condolences and eulogies; finding the perfect words.
- **248.86** **Donnelly, Nina**
DON I never know what to say.
- **808.803548** Funeral and memorial service readings, poems & tributes.
- **920.02** **Book of eulogies: a collection of memorial tributes, poetry, essays and letters of condolence.**
BOO

VIDEO & DVD, AUDIO BOOKS

- **AVV 155.937** The courage to grieve.
COU
- **AVDVD** Surviving grief.
SUR
- **2 CASS 155.937** **Van Praagh, James**
VAN Healing grief (sound recording).
- **DVD 306.9** Kids talkin' about death.
KID
- **AVV 362.28** Remembering Tom: coping with youth suicide.
REM

COMMUNITY RESOURCES

- **The Beginning Experience**, 519 332-2662
www.sarnia.com/groups/be
- **Bereaved Parents** – Sarnia, 519 337-7740
- **Blewater Health** - Social Work 519 464-4400 Ext 5376
Pastoral Services Ext 5473 & 8238
- **Family Counselling Centre**, 519 336-0120 Ext:227
- **Grand Bend Community Health Centre**, 519 238-1556
Ext:223
- **Lambton County Developmental Services**,
519 882-0933
- **St Joseph's Hospice Resource Centre**, 519 337-0537
www.stjosephshospice.ca A link to local resources,
counselors and support groups
- **Victorian Order of Nurses** , 519 542-2821
 - Home Visits
 - For Kids - Kids' Circle for ages 4-18.

WEB SITES

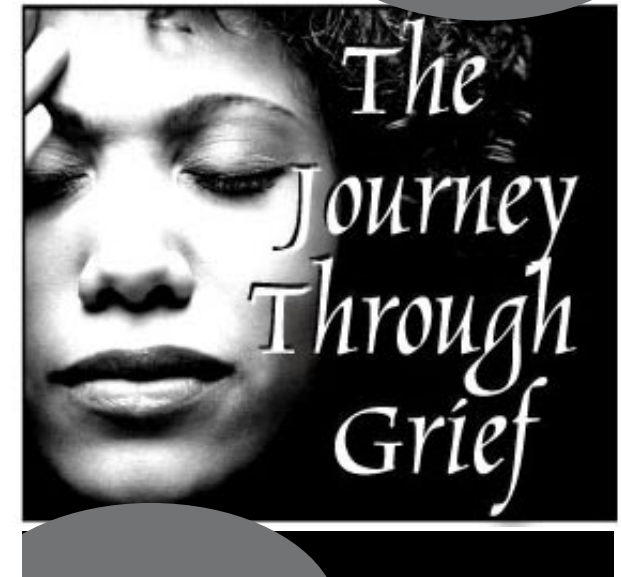
- **The Dougy Center for Grieving Children & Families**
<http://www.dougy.org/>
- **Hospice Foundation of America**
www.hospicefoundation.org
- **Healing the Grieving Heart**
www.thegriefblog.com

ELECTRONIC DATABASES

The library subscribes to a number of online subscription services on your behalf. To access these databases, go to the Libraries, Museums and Galleries home page at www.lclmg.org.

Refer to the menu on the left side of the screen and place the cursor on the @ Your Library button. Select 'Electronic Databases' from the side bar menu. Click on the database you wish to access. For remote access, type your 14-digit library card number. Note: You may be required to enter a username and password. To obtain these, please contact your local library.

LAMBTON COUNTY LIBRARY



A selection of Loss & Bereavement resources available from Lambton County Libraries, community agencies, and on-line sources.



COUNTY OF
LAMBTON

Library Headquarters

787 Broadway Street, Box 3100
Wyoming, ON N0N 1T0
Telephone: 519 845-0801
Toll-free: 1-866-324-6912
Fax: 519 845-0700
www.lclmg.org

access from home www.lclmg.org
@ your library®

GRIEF AND SELF- HELP

- **128 APP** **Applewhite, E**
Paradise mislaid.
- **133.9 BRO** **Browne, Sylvia**
Blessings from the other side.
- **133.9 GRE** **Greer, Jane**
The afterlife connection.
- **133.9 GUG** **Guggenheim, Bill**
Hello from heaven.
- **133.9 WAN** **Wands, Jeffrey**
Another door opens.
- **154.632 WRA** **Wray, T. J**
Grief dreams; how they help heal us.
- **155.644 CUM** **Cuming, Pamela**
Widow's walk.
- **155.644 WYL** **Wylie, Betty Jane**
Beginnings, a book for widows
- **155.93 BOS** **Boss, Pauline**
Ambiguous loss: learning to live with unresolved grief
- **155.93 DEI** **Deits, Bob**
Life after loss.
- **155.937 AND** **Anderson, M.L**
Wife after death: women coping and grieving after the death of a partner.
Chicken soup for the grieving soul.
- **155.937 CHI** **Dohaney, Myrtis**
When things get back to normal.
- **155.937 GRO** **Grollman, Earl**
Talking about death.
- **155.937 KUB** **Kubler-Ross, Elisabeth**
On grief & grieving.
- **155.937 LEV** **Levine, Stephen**
Unattended sorrow: recovering from loss.
- **155.937 MAR** **Martin, John**
I can't stop crying: it's so hard when some one you love dies.
- **155.937 NEE** **Neeld, Elizabeth**
Seven choices: taking the steps to new life after losing someone you love.
- **155.937 ONT** **McLoughlin, Jane**
On the death of a parent.
- **155.937 STA** **Staudacher, Carol**
Men and Grief.
- **155.937 STR** **Stringer, Audrey**
Get over it! Surviving grief to live again.
- **158.1 NEE** **Neeld, Elizabeth**
Tough transitions: navigating your way

- **170.44 KUB**
through difficult times.
- **170.44 KUB** **Kubler-Ross, Elisabeth & David Kessler**
Life lessons: Two experts on death and dying teach us about the mysteries of life & living.
- **248.86 GRO** **Grollman, Earl**
Living when a young friend has died.
- **248.86 GRO** **Grollman, Earl**
What helped me when my loved one died.
- **296.3118 WOL** **Wolpe, David**
Making loss matter: creating meaning in a difficult time.
- **306.88 BRO** **Brothers, Joyce**
Widowed.
- **306.88 CAI** **Caine, Lynn**
Being a widow.
- **306.88 CAM** **Campbell, Scott**
Widower.
- **306.88 HUR** **Hurd, Molly**
Beyond coping: widows reinventing their lives.
- **306.88 LEV** **Levy, Alexander**
The orphaned adult.
- **306.88 LOE** **Loewensohn, Ruth**
Survival handbook for widows and for relatives and friends who want to understand.
- **306.88 ROB** **Robertson, John**
Suddenly single: learning to start over.
- **306.9 BRO** **Brooke, Jill**
Don't let death ruin your life: a practical guide to regaining happiness after the death of a loved one.
- **306.9 KUB** **Kubler-Ross, Elisabeth**
Working it through.
- **362.175 MAN** **Manning, Margaret**
The hospice alternative, living and dying.
- **368.88 GIN** **Ginsburg, Genevieve**
Widow: rebuilding your life
- **306.9 BRO** **Brooke, Jill**
Don't let death ruin your life: a practical guide to reclaiming happiness.
- **618.97 KUB** **Kubler-Ross, Elisabeth**
On death and dying.
- **646.7 NUD** **Nudel, Adel**
Starting over.
- **813.54 DID** **Didion, Joan**
The year of magical thinking

CHILD & SIBLING LOSS

- **J 128.5 MEL** **Mellonie, Bryan**
Lifetimes: a beautiful way to explain death to children.
- **155.937 MIT** **Mitchell, Ellen**
Beyond tears: Living after losing a child.
- **155.937 DAV** **Davis, Deborah**
Empty cradle, broken heart: surviving the death of your baby.
- **155.937 DeV** **DeVita, Elizabeth**
The empty room: surviving the loss of a brother or sister at any age.
- **155.937 DON** **Donnelly Katherine**
Recovering from the loss of a sibling.
- **155.937 FIN** **Finkbeiner, Ann K**
After the death of a child.
- **155.937 HEN** **Henderson, Carol**
Losing Malcolm: a mother's journey through grief.
- **J 155.937 HIC** **Hickman, Martha**
Last week my brother Anthony died.
- **155.937 HOR** **Horchler, Joani**
The AIDS survival guide.
- **155.937 ILS** **Ilse, Sherokee**
Empty arms: coping with miscarriages, stillbirth and infant death.
- **155.937 KOH** **Kohner, Nancy**
When a baby dies.
- **155.937 KUB** **Kubler-Ross, Elisabeth**
On children and death.
- **155.937 MOU** **Moulder, Christine**
Miscarriage
- **155.937 ROS** **Rosof, Barbara**
The worst loss: how families heal from the death of a child.
- **155.937 ROT** **Rothman, Juliet**
The bereaved parents' survival guide.
- **155.937 SAN** **Sanders, Catherine**
How to survive the loss of a child.
- **155.937 TAY** **Taylor, James**
Surviving death: healing and growing through grief.
- **155.937 WIL** **Williamson, Walter**
Miscarriage: sharing grief, facing the pain, healing the wounds.
- **EP 155.937 WOL** **Wolfelt, Alan**
Healing your grieving heart for kids: 100 practical ideas.
- **248.86 JAC** **Hayford, Jack**
I'll hold you in heaven.

- **306.88 THO** **Thomas, P**
Shadowchild: a meditation on love and loss.
- **618.392 KLU** **Kluger-Bell, Kim**
Unspeakeable losses.

HELPING CHILDREN & TEENS UNDERSTAND DEATH

- **J 128.5 AND** **Anderson, Lydia**
Death.
- **J 128.5 LAN** **Lanton, Sandy**
Daddy's chair (Jewish tradition).
- **EP 155.9 JAM** **James, John**
When children grieve.
- **(J) (EP) 155.936 CLA** **Clardy, Andrea**
Dusty was my friend
- **J 155.937 ALT** **Althea**
When Uncle Bob died.
- **EP 155.937 BRI** **Britain, Lory**
My grandma died
- **J 155.937 BRO** **Brown, Lauren**
When dinosaurs die.
- **Various** **Buscaglia, Leo**
The fall of Freddie the leaf.
- **J 155.937 COH** **Cohn, Janice**
I had a friend named Peter.
- **155.937 EMS** **Emswiller, Mary Ann**
Guiding your child through grief.
- **J 155.937 FAS** **Fassler, Joan**
My Grandpa died today.
- **J (EP)155.937 GAF** **Gaffney, Donna**
The seasons of grief
- **J 155.937 GOO** **Gootman, Marilyn E**
When a friend dies: a book for teens about grieving & healing.
- **YA 155.937 HUG** **Hughes, Lynne**
You are not alone: teens talk about life after the loss of a parent.
- **155.937 RAT** **Rathkey, Julia**
What children need when they grieve.
- **155.937 SCH** **Schaefer, Dan**
How do we tell the children?
- **EP 155.937 THO** **Thomas, Pat**
I miss you: a first look at death.
- **J 305.26 SIN** **Sinclair-House, E**
Old age.
- **EP 649.1 COL** **Colorosso, Barbara**
Parenting through crisis, helping kids in times of loss, grief and change.