

## The Journey of Grief - Lambton County Library Resources

### HELPING CHILDREN & TEENS UNDERSTAND DEATH (cont'd)

- **J PIC** **Barron, T. A.**  
BAR Where is Grandpa?
- **J PIC** **Bosak, Susan**  
BOS Something to remember me by.
- **J PIC** **Gould, Debrah**  
GOU Grandpa's slide show.
- **J FIC** **Hamilton, Virginia**  
HAM Cousins.
- **J PIC** **London, Jonathan**  
LON Liplap's wish.
- **J PIC** **McFarlane, Sheryl**  
MCF Waiting for the whales.
- **J PIC** **Munsch, Robert**  
MUN Lighthouse: a story.

### SUICIDE

- **155.937** **Clarke, James**  
CLA A mourner's Kaddish: suicide and the rediscovery of hope.
- **155.937** **Smolin, Ann**  
SMO Healing after the suicide of a loved one.
- **155.937** **Tremblay, Claude**  
TRE Micah: a father survives the suicide of his son.
- **248.866** **Hsu, Albert**  
HSU Grieving a suicide.
- **306.8743092** **Hammer, Signe**  
HAM By her own hand: memoirs of a suicide daughter.
- **362.2** **Baker, Linda**  
BAK Adolescent depression & suicide.
- **362.2** **Miller, Michael**  
MIL Dare to live: a guide to the understanding and prevention of teen suicide and Depression.
- **362.28** **Colt, George Howe**  
COL The enigma of suicide.
- **362.28** **Gardner, Sandra**  
GAR Teenage suicide.
- **362.28** **Langone, John**  
LAN Dead end: a book about suicide.
- **(J) 362.28** **McGuire, Leslie**  
McG Suicide.
- **362.283** **Fine, Carla**  
FIN No time to say goodbye.
- **362.2830835** **Grollman, Earl**

- GRO Living when a young friend commits suicide, or even starts talking about it.
- **362.287** **Blauner, Susan Rose**  
BLA How I stayed alive when my brain was trying to kill me.

### PET LOSS

- **J PIC** **Griffith, Helen V**  
GRI Dream meadow.
- **J PIC** **Harris, Robie**  
HAR Goodbye mouseie.
- **J PIC** **Rylant, Cynthia**  
RYL Cat heaven.
- **J PIC** **Rylant, Cynthia**  
RYL Dog heaven
- **J PIC** **Smith, Maggie**  
SMI Desser, the best cat ever.
- **J 155.937** **Rogers, Fred**  
ROG When a pet dies.
- **J 155.937** **Sife, Wallace**  
SIF Loss of a pet.

### SERVICES & CONDOLENCES

- **155.937** **Gillette, Bettyanne**  
GIL Condolences and eulogies; finding the perfect words.
- **248.86** **Donnelly, Nina**  
DON I never know what to say.
- **808.803548** Funeral and memorial service readings, poems & tributes.  
FUN
- **920.02** Book of eulogies: a collection of memorial tributes, poetry, essays and letters of condolence.  
BOO

### VIDEO & DVD, AUDIO BOOKS

- **AVV 155.937** The courage to grieve.  
COU
- **AVDVD** Surviving grief.  
SUR
- **2 CASS 155.937** **Van Praagh, James**  
VAN Healing grief (sound recording).
- **DVD 306.9** Kids talkin' about death.  
KID
- **AVV 362.28** Remembering Tom: coping with youth suicide.  
REM

### COMMUNITY RESOURCES

- **The Beginning Experience**, 519 332-2662  
[www.sarnia.com/groups/be](http://www.sarnia.com/groups/be)
- **Bereaved Parents** – Sarnia, 519 337-7740
- **Blewater Health** - Social Work 519 464-4400 Ext 5376  
Pastoral Services Ext 5473 & 8238
- **Family Counselling Centre**, 519 336-0120 Ext:227
- **Grand Bend Community Health Centre**, 519 238-1556  
Ext:223
- **Lambton County Developmental Services**,  
519 882-0933
- **St Joseph's Hospice Resource Centre**, 519 337-0537  
[www.stjosephshospice.ca](http://www.stjosephshospice.ca) A link to local resources,  
counselors and support groups
- **Victorian Order of Nurses** , 519 542-2821
  - Home Visits
  - For Kids - Kids' Circle for ages 4-18.

### WEB SITES

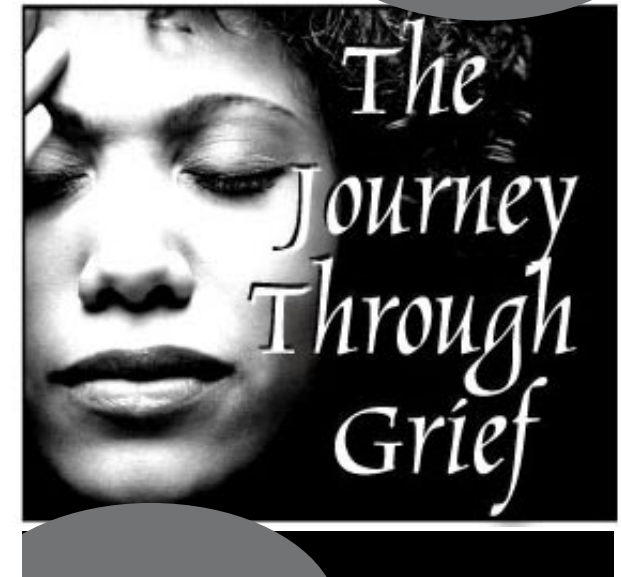
- **The Dougy Center for Grieving Children & Families**  
<http://www.dougy.org/>
- **Hospice Foundation of America**  
[www.hospicefoundation.org](http://www.hospicefoundation.org)
- **Healing the Grieving Heart**  
[www.thegriefblog.com](http://www.thegriefblog.com)

### ELECTRONIC DATABASES

The library subscribes to a number of online subscription services on your behalf. To access these databases, go to the Libraries, Museums and Galleries home page at [www.lclmg.org](http://www.lclmg.org).

Refer to the menu on the left side of the screen and place the cursor on the @ Your Library button. Select 'Electronic Databases' from the side bar menu. Click on the database you wish to access. For remote access, type your 14-digit library card number. Note: You may be required to enter a username and password. To obtain these, please contact your local library.

## LAMBTON COUNTY LIBRARY



**A selection of Loss & Bereavement resources available from Lambton County Libraries, community agencies, and on-line sources.**



COUNTY OF  
LAMBTON

### **Library Headquarters**

787 Broadway Street, Box 3100  
Wyoming, ON N0N 1T0  
Telephone: 519 845-0801  
Toll-free: 1-866-324-6912  
Fax: 519 845-0700  
[www.lclmg.org](http://www.lclmg.org)

**access from home** [www.lclmg.org](http://www.lclmg.org)  
**@ your library®**

**GRIEF AND SELF- HELP**

- **128 APP Applewhite, E**  
Paradise mislaid.
- **133.9 BRO Browne, Sylvia**  
Blessings from the other side.
- **133.9 GRE Greer, Jane**  
The afterlife connection.
- **133.9 GUG Guggenheim, Bill**  
Hello from heaven.
- **133.9 WAN Wands, Jeffrey**  
Another door opens.
- **154.632 WRA Wray, T. J**  
Grief dreams; how they help heal us.
- **155.644 CUM Cuming, Pamela**  
Widow's walk.
- **155.644 WYL Wylie, Betty Jane**  
Beginnings, a book for widows
- **155.93 BOS Boss, Pauline**  
Ambiguous loss: learning to live with unresolved grief
- **155.93 DEI Deits, Bob**  
Life after loss.
- **155.937 AND Anderson, M.L**  
Wife after death: women coping and grieving after the death of a partner.  
Chicken soup for the grieving soul.
- **155.937 CHI Dohaney, Myrtis**  
When things get back to normal.
- **155.937 DOH Grollman, Earl**  
Talking about death.
- **155.937 GRO Kubler-Ross, Elisabeth**  
On grief & grieving.
- **155.937 LEV Levine, Stephen**  
Unattended sorrow: recovering from loss.
- **155.937 MAR Martin, John**  
I can't stop crying: it's so hard when some one you love dies.
- **155.937 NEE Neeld, Elizabeth**  
Seven choices: taking the steps to new life after losing someone you love.
- **155.937 ONT McLoughlin, Jane**  
On the death of a parent.
- **155.937 STA Staudacher, Carol**  
Men and Grief.
- **155.937 STR Stringer, Audrey**  
Get over it! Surviving grief to live again.
- **158.1 NEE Neeld, Elizabeth**  
Tough transitions: navigating your way

- **170.44 KUB Kubler-Ross, Elisabeth & David Kessler**  
Life lessons: Two experts on death and dying teach us about the mysteries of life & living.
- **248.86 GRO Grollman, Earl**  
Living when a young friend has died.
- **248.86 GRO Grollman, Earl**  
What helped me when my loved one died.
- **296.3118 WOL Wolpe, David**  
Making loss matter: creating meaning in a difficult time.
- **306.88 BRO Brothers, Joyce**  
Widowed.
- **306.88 CAI Caine, Lynn**  
Being a widow.
- **306.88 CAM Campbell, Scott**  
Widower.
- **306.88 HUR Hurd, Molly**  
Beyond coping: widows reinventing their lives.
- **306.88 LEV Levy, Alexander**  
The orphaned adult.
- **306.88 LOE Loewensohn, Ruth**  
Survival handbook for widows and for relatives and friends who want to understand.
- **306.88 ROB Robertson, John**  
Suddenly single: learning to start over.
- **306.9 BRO Brooke, Jill**  
Don't let death ruin your life: a practical guide to regaining happiness after the death of a loved one.
- **306.9 KUB Kubler-Ross, Elisabeth**  
Working it through.
- **362.175 MAN Manning, Margaret**  
The hospice alternative, living and dying.
- **368.88 GIN Ginsburg, Genevieve**  
Widow: rebuilding your life
- **306.9 BRO Brooke, Jill**  
Don't let death ruin your life: a practical guide to reclaiming happiness.
- **618.97 KUB Kubler-Ross, Elisabeth**  
On death and dying.
- **646.7 NUD Nudel, Adel**  
Starting over.
- **813.54 DID Didion, Joan**  
The year of magical thinking

through difficult times.

**CHILD & SIBLING LOSS**

- **J 128.5 MEL Mellonie, Bryan**  
Lifetimes: a beautiful way to explain death to children.
- **155.937 MIT Mitchell, Ellen**  
Beyond tears: Living after losing a child.
- **155.937 DAV Davis, Deborah**  
Empty cradle, broken heart: surviving the death of your baby.
- **155.937 DeV DeVita, Elizabeth**  
The empty room: surviving the loss of a brother or sister at any age.
- **155.937 DON Donnelly Katherine**  
Recovering from the loss of a sibling.
- **155.937 FIN Finkbeiner, Ann K**  
After the death of a child.
- **155.937 HEN Henderson, Carol**  
Losing Malcolm: a mother's journey through grief.
- **J 155.937 HIC Hickman, Martha**  
Last week my brother Anthony died.
- **155.937 HOR Horchler, Joani**  
The AIDS survival guide.
- **155.937 ILS Ilse, Sherokee**  
Empty arms: coping with miscarriages, stillbirth and infant death.
- **155.937 KOH Kohner, Nancy**  
When a baby dies.
- **155.937 KUB Kubler-Ross, Elisabeth**  
On children and death.
- **155.937 MOU Moulder, Christine**  
Miscarriage
- **155.937 ROS Rosof, Barbara**  
The worst loss: how families heal from the death of a child.
- **155.937 ROT Rothman, Juliet**  
The bereaved parents' survival guide.
- **155.937 SAN Sanders, Catherine**  
How to survive the loss of a child.
- **155.937 TAY Taylor, James**  
Surviving death: healing and growing through grief.
- **155.937 WIL Williamson, Walter**  
Miscarriage: sharing grief, facing the pain, healing the wounds.
- **EP 155.937 WOL Wolfelt, Alan**  
Healing your grieving heart for kids: 100 practical ideas.
- **248.86 JAC Hayford, Jack**  
I'll hold you in heaven.

- **306.88 THO Thomas, P**  
Shadowchild: a meditation on love and loss.
- **618.392 KLU Kluger-Bell, Kim**  
Unspeakable losses.

**HELPING CHILDREN & TEENS UNDERSTAND DEATH**

- **J 128.5 AND Anderson, Lydia**  
Death.
- **J 128.5 LAN Lanton, Sandy**  
Daddy's chair (Jewish tradition).
- **EP 155.9 JAM James, John**  
When children grieve.
- **(J) (EP) 155.936 CLA Clardy, Andrea**  
Dusty was my friend
- **J 155.937 ALT Althea**  
When Uncle Bob died.
- **EP 155.937 BRI Britain, Lory**  
My grandma died
- **J 155.937 BRO Brown, Lauren**  
When dinosaurs die.
- **Various Buscaglia, Leo**  
The fall of Freddie the leaf.
- **J 155.937 COH Cohn, Janice**  
I had a friend named Peter.
- **155.937 EMS Emswiller, Mary Ann**  
Guiding your child through grief.
- **J 155.937 FAS Fassler, Joan**  
My Grandpa died today.
- **J (EP)155.937 GAF Gaffney, Donna**  
The seasons of grief
- **J 155.937 GOO Gootman, Marilyn E**  
When a friend dies: a book for teens about grieving & healing.
- **YA 155.937 HUG Hughes, Lynne**  
You are not alone: teens talk about life after the loss of a parent.
- **155.937 RAT Rathkey, Julia**  
What children need when they grieve.
- **155.937 SCH Schaefer, Dan**  
How do we tell the children?
- **EP 155.937 THO Thomas, Pat**  
I miss you: a first look at death.
- **J 305.26 SIN Sinclair-House, E**  
Old age.
- **EP 649.1 COL Colorosso, Barbara**  
Parenting through crisis, helping kids in times of loss, grief and change.